



RSL Care Fairview Retirement Community 2603 Moggill Road, Pinjarra Hills

Registrations close Wednesday, 17 September 2014

REGISTRATION FEES

Montessori for Dementia Workshop:

Tues 23 & Wed 24 September, 2014 9:00am - 4:30pm

> \$400 per person or \$1000 for 3 Staff

Spaced Retrieval Workshop:

Thurs 25 September, 2014 9:00am - 4:30pm

> \$200 per person or \$500 for 3 Staff

Attend both workshops and save:

\$500 per person or \$1400 for 3 staff

Montessori For Dementia Workshops

CHANGING THE LIVES OF PEOPLE LIVING WITH DEMENTIA

Tuesday 23 to Thursday 25 September 2014, 9:00am to 4:30pm

Montessori for Dementia - Two Day Workshop

This two-day program focuses on Montessori for Dementia $^{\text{TM}}$, an innovative method of working with older adults living with cognitive and/or physical impairments. Research has provided clear evidence of increased levels of engagement and participation in activities when Montessori approaches are implemented and associated decreases in behaviours of unmet needs when people are actively engaged in meaningful activity. Participants in this workshop will learn about the basic principles of Montessori for Dementia $^{\text{TM}}$, along with practical "hands-on" opportunities to apply the techniques and consider how this philosophy of care can be adopted for their resident/clients and programs. The first day of the program focuses on the facts (knowledge) and the second day focuses on putting the concepts into practice for residents/clients, activities and environments.

Spaced Retrieval – One Day Workshop

Spaced Retrieval is a technique used to teach people living with dementia to recall information over progressively longer intervals of time; minutes, hours, days, weeks, months. This means that people living with dementia can learn to retain certain information, skills or habits if they are given the opportunity to practice doing them often. The Spaced Retrieval technique works because it capitalises on the strengths/abilities of a person living with dementia. Research has found that the Procedural Memory System which is also known as Implicit Memory, is relatively spared through the course of dementia. Procedural Memory which is therefore considered a strength in people living with dementia is the basis for why Spaced Retrieval works.

Who Should Attend?

Any person who is interested in learning about new ways to deliver care and provide support to residents living with dementia are invited to attend. Montessori Methods and Spaced Retrieval can be implemented by a range of people including , nurses, support workers, physiotherapists, occupational therapists, speech therapists, paid carers, family members and community support workers.

Learning Outcomes for the workshops are available by contacting Montessori for Dementia Australia $^{\!\scriptscriptstyle{\mathrm{M}}}$



ANNE KELLY is a Montessorian Dementia Consultant who has worked extensively in dementia care both residential and community for the past 30 years. She is currently the Director of Montessori for Dementia™ Australia. In 2009 she was awarded a Churchill Fellowship to study Montessori methods for Dementia Care which enabled her to work alongside world experts in this area including, Dr Cameron Camp, Professor Michelle Bourgeois and Gail Elliott, author of Montessori Methods for Dementia, a textbook that uses examples of Anne's work in Australia and

for which Anne wrote a foreword. Since her return from overseas Anne has been sharing the magic of Montessori for Dementia[™] around the country. Montessori for Dementia[™] Australia belongs to International Montessori for Elders. This enables training participants to receive International certification if they wish following successful completion of certification assessment tasks.

REGISTRATION: ONLINE AT MASSA.ORG.AU/EVENTS OR FILL IN AND RETURN THE REGISTRATION FORM TO

Montessori Australia Foundation 3 Myoora Road Terrey Hills NSW 2084



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